



BOARD MEMBER ADVERTISEMENT

Nau mai, haere mai!

**Are you kind, committed, passionate and values-driven?
Are you interested in a governance opportunity supporting a kaupapa that's making
a real difference?**

Our organisation, Well Women Trust, provides peer-led, lived-experience support to wāhine experiencing depression and anxiety in relation to pregnancy and early motherhood. The organisation was founded in 2010 in Pukekohe, South Auckland, after the tragic suicide of a local mother highlighted a gap in accessible maternal mental health support.

Since then, our commitment has remained unwavering - no māmā walks alone.

Our peer support groups, led by our lived-experience facilitators, provide a vital connection and lifeline for wāhine across South Auckland and North Waikato. Accessibility is a priority at Well Women, with free on-line and in-person sessions (with free child minding), a dedicated support phoneline and text service, and craft-based wellness workshops. We offer early, non-judgemental support with no threshold for access - if a māmā needs us, we are here.

Since our founding over fifteen years ago, we have walked alongside thousands of wāhine experiencing antenatal and postnatal distress, providing free, compassionate, and timely support.

We are proud of what we do and are seeking two new board members to join us on our journey to strengthen and extend our reach.

Who are we looking for?

We're a small but deeply passionate team and are looking for committed individuals who want to help shape the future of maternal mental health support in Aotearoa.

Reflecting our position as a Tāngata Tiriti organisation and as an organisation who recognises the importance of reflecting the communities who we serve, we are particularly interested in welcoming tangata Māori and Tagata Pacific representation, gender diversity and LGBTQI+ diversity, and experience of rangatahi-focussed services.

Alongside this, we would love to hear from individuals with one or more of the following areas of professional expertise:

- financial management (ideally CA-qualified)
- fundraising or philanthropy
- legal

[No māmā walks alone](#)

- human resources
- strategic communications and advocacy.

What can we offer a new board member?

Meet the faces behind Well Women and learn more about our kaupapa by visiting our [website](#).

Our guarantee to you is that we will:

- offer you a supportive and passionate environment
- uphold and embed Te Tiriti o Waitangi partnership in our work
- treat you with respect
- surround you with an inspiring team of changemakers
- provide a culturally safe and inclusive space to work in
- support your professional development through governance training
- show deep gratitude for your contributions to Well Women Trust.

What's involved?

This is a voluntary position, with an initial two-year term. Board meetings (two hours in duration) are held monthly either on-line or in-person in Pukekohe, Tāmaki Makaurau.

As we are a small organisation, board members will also contribute five to eight additional hours per month to mahi in relation to strategic development and organisational growth.

Apply Now

If this sounds like you, please send your CV and a short cover letter outlining your interest and relevant experience to:

Kate Barby, General Manager – kateb@wellwomen.org.nz

Applications close 17 April 2026

*Me aro ki te hā o Hine-ahu-one
Pay heed to the dignity and essence of women*

[No māmā walks alone](#)